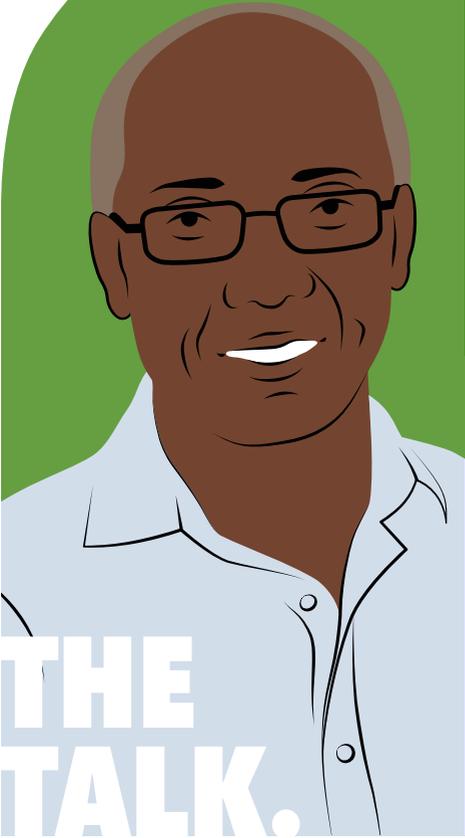


#01



**THE
TALK.**

FLASHCARDS.

**Professor Sir
Godfrey H.O.
Palmer**

Grain Scientist



◆ **1940** Born in St Elizabeth, Jamaica — Migrated to London, UK in 1955, aged 14

◆ **1955** Classified as E.S.N. (Educationally Sub Normal) at first UK school attended

◆ **1964** First of many degrees awarded at University of Leicester

◇ First post-degree employment - potato peeler

◆ **1966** First journal article published - more than 150 scientific papers followed

◆ **1977** Moved to Scotland to work as a lecturer at Heriot-Watt College

◆ **1990** Elected as Professor at Heriot-Watt University, Scotland

◆ **2014** Knighted for services to human rights, sciences, charity

◆ **2020** Made a Commander of Distinction (CD) by the Jamaican Government

◆ **2021** Received a Pride of Scotland Lifetime Achievement Award



#02

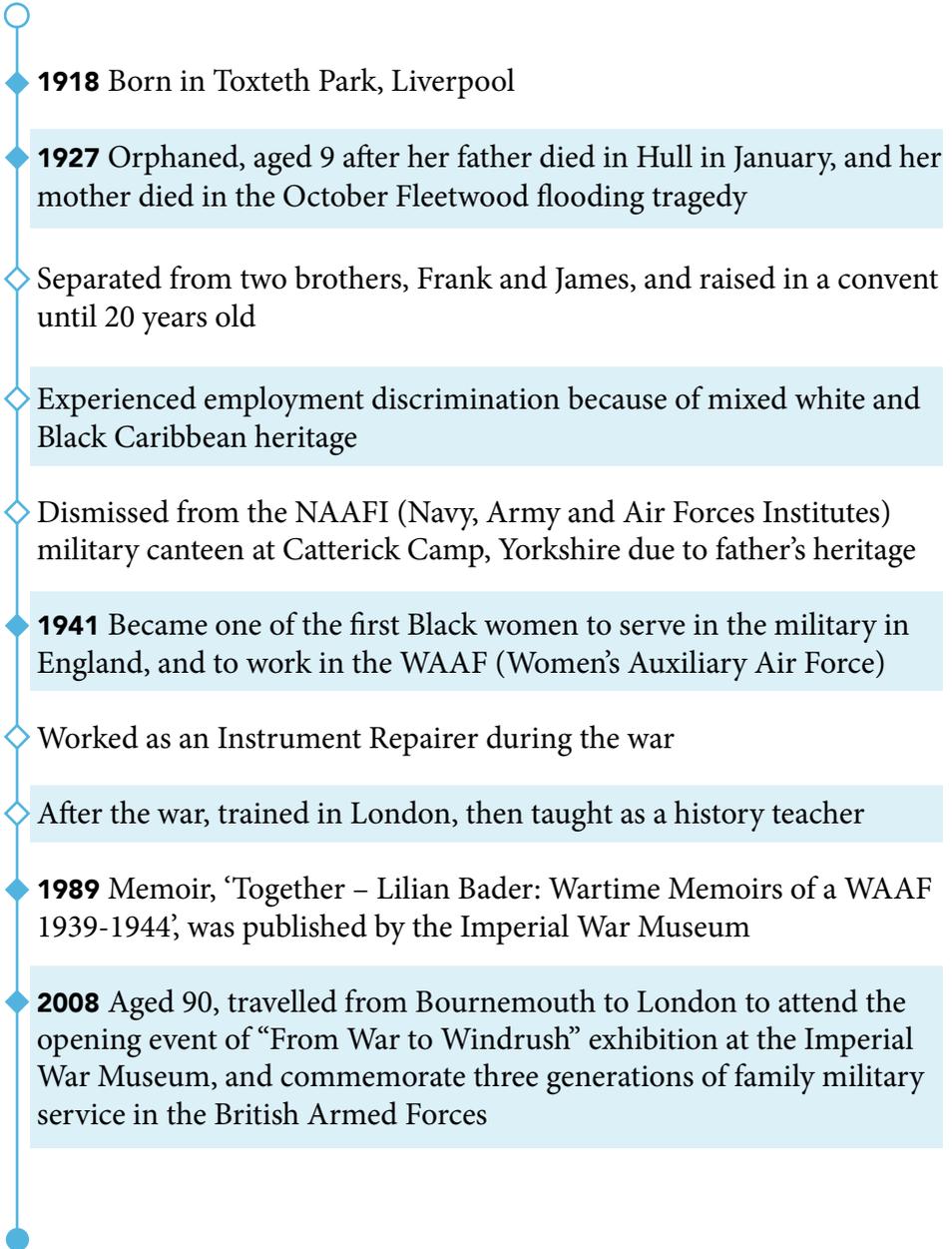


FLASHCARDS.

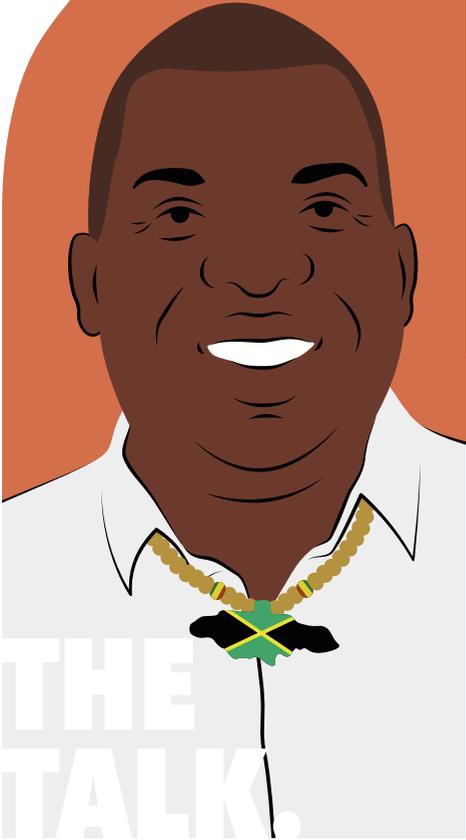
Lilian Bader

WAAF

THE
TALK.

- 
- ◆ **1918** Born in Toxteth Park, Liverpool
 - ◆ **1927** Orphaned, aged 9 after her father died in Hull in January, and her mother died in the October Fleetwood flooding tragedy
 - ◇ Separated from two brothers, Frank and James, and raised in a convent until 20 years old
 - ◇ Experienced employment discrimination because of mixed white and Black Caribbean heritage
 - ◇ Dismissed from the NAAFI (Navy, Army and Air Forces Institutes) military canteen at Catterick Camp, Yorkshire due to father's heritage
 - ◆ **1941** Became one of the first Black women to serve in the military in England, and to work in the WAAF (Women's Auxiliary Air Force)
 - ◇ Worked as an Instrument Repairer during the war
 - ◇ After the war, trained in London, then taught as a history teacher
 - ◆ **1989** Memoir, 'Together – Lilian Bader: Wartime Memoirs of a WAAF 1939-1944', was published by the Imperial War Museum
 - ◆ **2008** Aged 90, travelled from Bournemouth to London to attend the opening event of "From War to Windrush" exhibition at the Imperial War Museum, and commemorate three generations of family military service in the British Armed Forces

#03



FLASHCARDS.

**Professor Nira
Chamberlain**

Mathematician

-
- ◆ **1969** Born in Birmingham, UK
 - ◆ Discouraged by school careers advisor from following the mathematics route into education - suggested boxing was a better alternative
 - ◆ **1991** Studied Mathematics at Coventry Polytechnic for first degree
 - ◆ **1993** Achieved a MSc in Industrial Mathematical Modelling at Loughborough University
 - ◆ **1999** Became a Chartered Mathematician
 - ◆ **2005** Became a Chartered Scientist
 - ◆ **2014** Completed PhD at Portsmouth University
 - ◆ Created a mathematical model solution for HMS Queen Elizabeth and the Royal Navy
 - ◆ **2018** Won the title of the World's Most Interesting Mathematician
 - ◆ **2019** Lectured at the Maxwell Society - the scientific centre of excellence
 - ◆ **2020** Became the President of the Institute of Mathematics and its Applications

#04



**THE
TALK.**

FLASHCARDS.

**Alice
Dearing**

Marathon Swimmer

- 
- ◆ **1997** Born in Birmingham of Ghanaian and English heritage
 - ◆ **2005** Started swimming aged about 8 years old along with an older brother
 - ◇ Originally wanted to become a lawyer - obtained a scholarship and attended the Royal Wolverhampton School
 - ◆ **2013** Started Open Water Swimming
 - ◆ **2014** Won a place on British Swimming's World Class Podium Potential Programme
 - ◇ Achieved a BA (Hons) degree in Politics and English from Loughborough University
 - ◆ **2016** Won the 10km gold at the World Junior Open Water Championships in Hoorn, the Netherlands
 - ◆ **2019** Voted by The Telegraph as one of the Top 50 sportswomen of the year
 - ◆ **2020** Co-founded the charity Black Swimming Association (BSA) with Danielle Obe, Ed Accura, and Seren Jones
 - ◆ **2021** Became the first Black female swimmer to represent Britain at an Olympics - Tokyo 2020 Summer Games held from 23 July 2021 to 8 August 2021

#05



**THE
TALK.**

FLASHCARDS.

**Professor
Patricia O.
Daley**

University Lecturer

-
- ◇ Born in Jamaica, migrated to Hackney, London aged 10
 - ◇ Gained BSc in Geography with Geology, PGCE, MA in African Studies from School of African and Oriental Studies (SOAS)
 - ◆ **1989** Graduated with DPhil from University of Oxford
 - ◇ Taught at Dartmouth College, New Hampshire, USA and Loughborough University
 - ◆ **1991** First Black person and Black woman to be appointed as a University Lecturer at the University of Oxford
 - ◆ **1999 - 2002** Tutor for Admissions at Jesus College, University of Oxford
 - ◆ **2008** Author of numerous books and journal articles
 - ◆ **2014** Recipient of the James Blaut Award
 - ◇ Co-founded the Black and Minority Ethnic (BME) staff network at the University of Oxford
 - ◆ **2015 - 2016** Produced a Race Equality Report for University of Oxford staff
 - ◆ **2016** Elected as Professor of Human Geography of Africa
 - ◆ **2018** Delivered the keynote speech at the 2018 UNESCO's International Day for the Remembrance of the Slave Trade and its Legacy (City Hall, London)
 - ◆ **2018 - 2021** Vice-Principal, Jesus College, University of Oxford

#06



**THE
TALK.**

FLASHCARDS.

**Michaela Ewuraba O.
Boakye-Collinson**
aka Michaela Coel

Actor

-
- ◆ **1987** Born in London to Ghanaian parents
- ◆ **2006** Performed at open mic poetry events in Ealing
- ◆ **2009** Joined the Talawa Theatre Company summer school programme TYPT
- ◇ Gained BA(Hons) in English Literature and Theology at University of Birmingham
- ◆ **2012** Enrolled at the Guildhall School of Music and Drama - awarded the Laurence Olivier bursary
- ◆ **2013** Stage debut at the Bush Theatre performing 'Chewing Gum Dreams'
- ◆ **2014** Appeared at National Theatre in 'Medea'
- ◆ **2015 - 2017** 'Chewing Gum' TV series shown on Channel 4
- ◆ **2016** Won British Academy Television Awards (BAFTA) for Best Female Comedy Performance for 'Chewing Gum' and for Breakthrough Talent
- ◆ **2018** Starred in TV drama series Black Earth Rising
- ◇ Set up production company Falkna Productions
- ◆ **2020** Created, wrote, produced, co-directed and starred in TV drama series 'I May Destroy You'
- ◆ **2021** Appeared in British Vogue's 2020 list of Influential Women
- ◇ Won three BAFTAs for 'I May Destroy You'
- ◇ 'I May Destroy You' nominated for three Emmys
-

#07



**THE
TALK.**

FLASHCARDS.

**Oliver
Skeete**

Showjumper

- ◆ **1956** Born in a village called The Whim, Speightstown, Barbados
- ◆ **1964** Aged 8, migrated to Acton, London, to join parents who migrated to England two years earlier
- ◆ Interested in sports, especially football – watched by scouts from West Ham United F.C. and Fulham F.C.
- ◆ Aged 18, qualified as a motor mechanic — first encounter with horse riding led to him being thrown from a horse in Hyde Park. Reignited interest in horse riding when daughters enrolled in Ealing Riding School
- ◆ **1992** Started show jumping aged 36, after selling the family car to buy first horse
- ◆ Competed at local, national and international levels as a showjumper 1993 - 2007
- ◆ Appeared in several TV Series such as The Bill, Gladiators, Celebrity Wrestling, and Brainiac: Science Abuse
- ◆ **1994** Appeared at the Royal Windsor Show in front of HM Queen Elizabeth II
- ◆ **1995** Published an autobiography - 'Jumping the Odds: Memoirs of a Rastafarian Showjumper'
- ◆ **2000** Planned to represent Barbados at Sydney Olympics - did not qualify
- ◆ Aged 44 quit showjumping and became a painter and decorator as well as continuing work as an actor
- ◆ **2002** Appeared in films, including the Bond franchises: 'Die Another Day'

#08



**THE
TALK.**

FLASHCARDS.

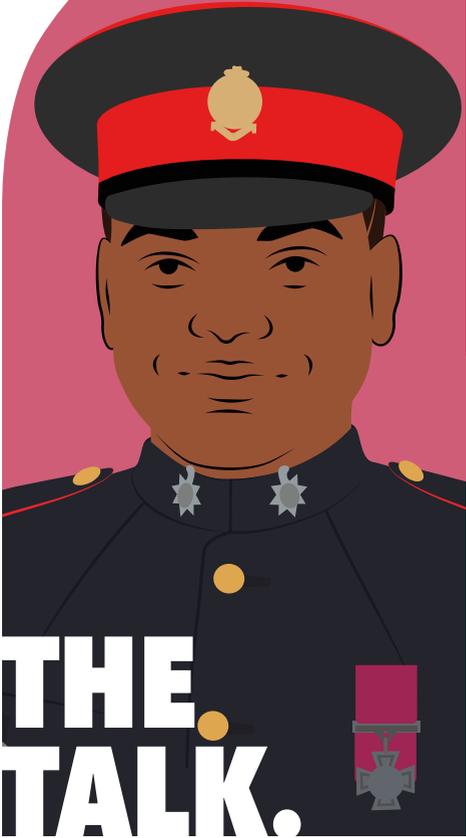
**Dr Samantha
Zoisa Tross**

Surgeon

-
- ◆ **1968** Born in Guyana
- ◇ Arrived in UK aged 11 when her diplomat father was assigned an overseas post
- ◇ Attended a succession of private boarding schools
- ◆ **1987** Completed A-levels in Biology, Chemistry and Applied Mathematics
- ◆ **1992** Obtained Bachelor of Medicine degree in medicine and surgery (MBBS)
- ◆ **1997** Qualified as a surgeon
- ◆ **2004** Completed orthopaedic training
- ◆ **2005** First Black British woman to become a consultant orthopaedic surgeon
- ◆ **2008** Won the Clinical Excellence Award for service to NHS
- ◆ **2009 - 2021** Named in the annual JP Morgan Black Powerlist
- ◆ **2013** Listed in Tatler's Guide of Britain's top 250 Consultants
- ◆ **2016** Winner of a Black British Business STEM* Award: Leader of the Year
- ◆ **2019** Winner of Women in the Public Sector Wintrade Awards
- ◆ **2021** Lead Surgeon at Ealing Hospital
- ◇ First woman in Europe to perform Mako robotic hip surgery
-

*STEM - SCIENCE, TECHNOLOGY, ENGINEERING, MATHEMATICS

#09

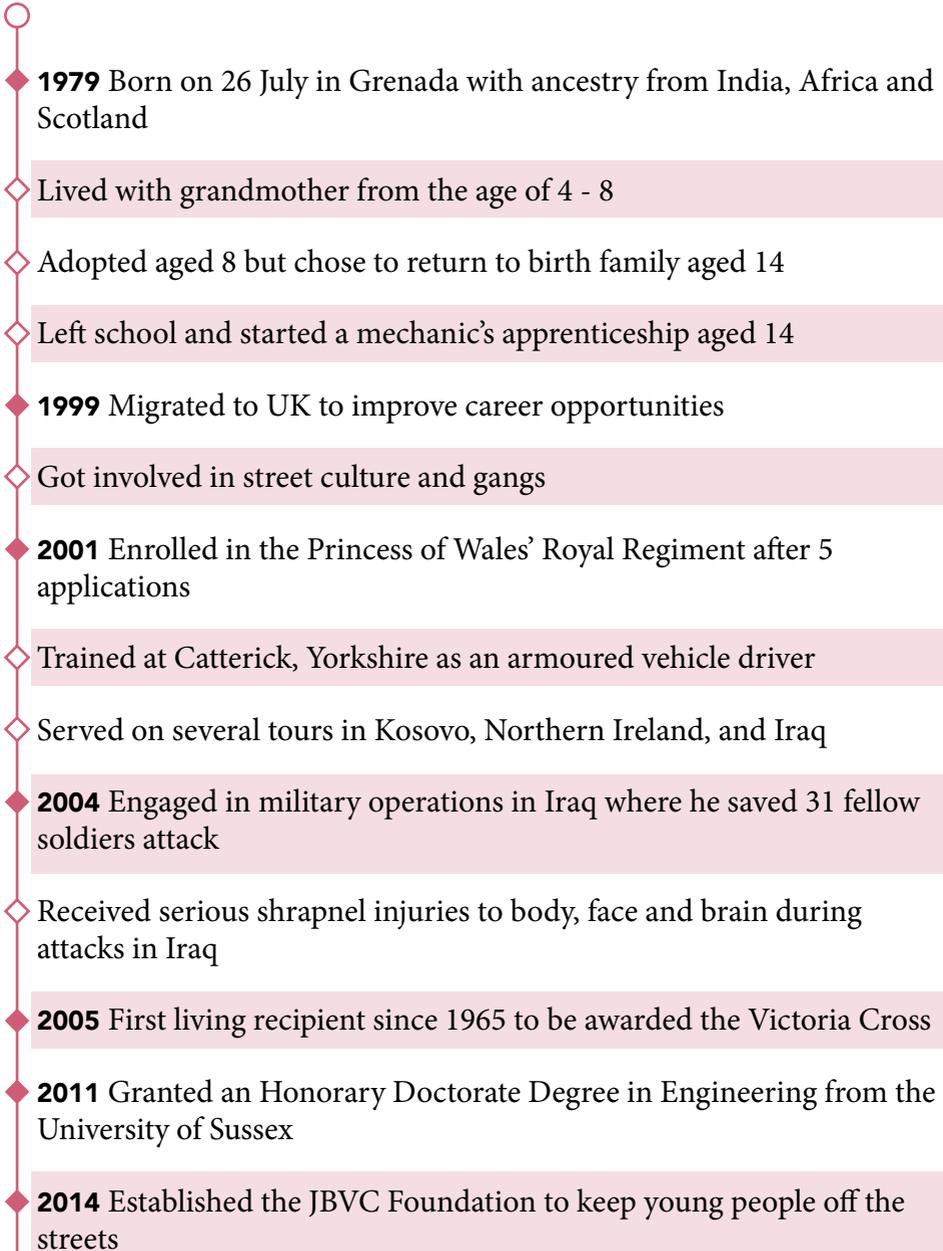


**THE
TALK.**

FLASHCARDS.

**Colour Sergeant
Johnson
Gideon Beharry**

Military

- 
- ◆ **1979** Born on 26 July in Grenada with ancestry from India, Africa and Scotland
 - ◇ Lived with grandmother from the age of 4 - 8
 - ◇ Adopted aged 8 but chose to return to birth family aged 14
 - ◇ Left school and started a mechanic's apprenticeship aged 14
 - ◆ **1999** Migrated to UK to improve career opportunities
 - ◇ Got involved in street culture and gangs
 - ◆ **2001** Enrolled in the Princess of Wales' Royal Regiment after 5 applications
 - ◇ Trained at Catterick, Yorkshire as an armoured vehicle driver
 - ◇ Served on several tours in Kosovo, Northern Ireland, and Iraq
 - ◆ **2004** Engaged in military operations in Iraq where he saved 31 fellow soldiers attack
 - ◇ Received serious shrapnel injuries to body, face and brain during attacks in Iraq
 - ◆ **2005** First living recipient since 1965 to be awarded the Victoria Cross
 - ◆ **2011** Granted an Honorary Doctorate Degree in Engineering from the University of Sussex
 - ◆ **2014** Established the JBVC Foundation to keep young people off the streets

#10



**THE
TALK.**

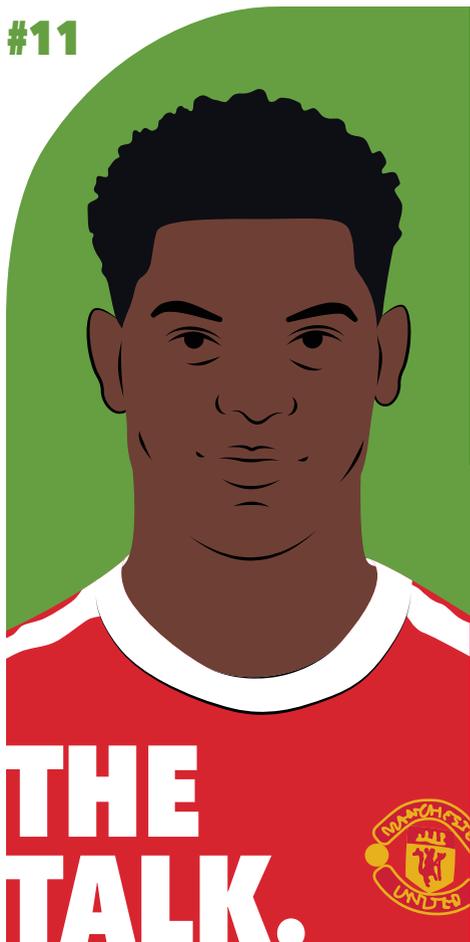
FLASHCARDS.

**Sir Steve
Rodney
McQueen**

Creative Artist

- ◆ **1969** Born in London on 9 October to Grenadian and Trinidadian parents
- ◇ Studied Arts at College and Universities in London and New York
- ◆ **1999** Winner of the Turner Prize
- ◆ **2002** Invested with an OBE
- ◆ **2006** Official war artist in Iraq
- ◆ **2008** First British director to win the Caméra d'Or at Cannes for film with 'Hunger' about the 1981 Irish hunger strike
- ◆ **2011** Awarded CBE for services to visual arts
- ◆ **2012 - 2013** Solo exhibitions in Art Institute of Chicago and Schaulager, Basel
- ◇ '12 Years A Slave' film wins 46 international awards, including a BAFTA, Golden Globe Award, and an Oscar (Academy Award)
- ◆ **2014** Included in Time magazine's 100 Most Influential People
- ◆ **2016** Awarded British Film Institute Fellowship
- ◆ **2017** Solo exhibitions in Manchester, New York, and Boston
- ◆ **2020** Directed 'Small Axe', an anthology of five films on 1960s British West Indian community
- ◆ **2020** Knighted for services to film
- ◆ **2021** Lives in both London and Amsterdam with his family

#11



**THE
TALK.**

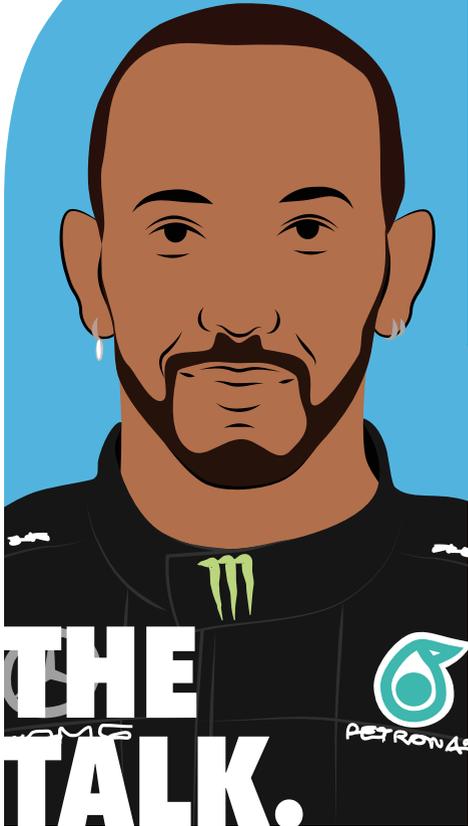
FLASHCARDS.

**Marcus
Rashford**

Footballer

-
- ◆ **1997** Born in Manchester, UK
- ◆ **2004** Manchester United player from the age of 7
- ◆ **2008** Aged 11 became the youngest ever player to be selected for the Manchester United Schoolboy Scholars scheme
- ◆ **2015 - 2016** Won the Jimmy Murphy Young Player of the Year Award
- ◆ **2016** First team debut in the UEFA Europa League as tournament's youngest player
- ◆ **2019** January: Won the Premier League Player of the Month
- ◇ Set up the 'In the Box' campaign with Selfridges to help people experiencing homelessness over Christmas
- ◆ **2020** Led a campaign that raised more than £20m for the charity FareShare, Successfully persuaded the government to change their policy on free school meals
- ◇ Honoured with a MBE for social activism work
- ◇ Won The Guardian Footballer of the Year Award
- ◇ Became the youngest person to receive a honorary doctorate from the University of Manchester
- ◆ **2021** Established Marcus' Book Club for new readers to discover the joy of reading
- ◇ Published first book: 'You Are A Champion: How To Be The Best You Can Be'
-

#12



FLASHCARDS.

**Sir Lewis Carl
Davidson
Hamilton**

F1 Racing Driver

- ◆ **1985** Born on 7 January in Stevenage, Hertfordshire to a Black Grenadian father and white English mother
- ◆ **1990** Started karate aged 5 as a result of bullying and racism at school
- ◆ **1991** Introduced to karting by father
- ◆ **1995** Won Karting IAME Cadet Super 1 National Championship
- ◆ **1998** Winner Mobil 1 Formula Junior Intercontinental A - youngest driver in the formula
- ◆ **2001** Incorrectly excluded from school prior to GCSE examinations
- ◆ **2007** Debuted in Australian Grand Prix as first Black driver in Formula One
- ◆ **2007 - 2008** Won Pride of Britain Award
- ◇ Placed second in BBC Sports Personality of the Year
- ◆ **2008** Youngest ever driver to win the F1 World Championship (aged 23 years, 301 days)
- ◇ Awarded MBE for Services to Motor Racing
- ◆ **2014, 2020** Awarded BBC Sports Personality of the Year
- ◆ **2021** Knighted in New Year Honours List for outstanding achievements and contribution to motorsports

#13



**THE
TALK.**

FLASHCARDS.

**Malorie
Blackman**

Writer

-
- ◆ **1962** Born on 8 February in Clapham, London
- ◇ Childhood dream was to be an English teacher
- ◇ Gained an HNC from Thames Polytechnic for career in computer science
- ◆ **1990** Aged 28, published first literary work 'Not So Stupid!: Incredible Short Stories' after it was rejected over 80 times
- ◆ **1994** Awarded the W.H.Smith Boggling Book of the Year Award
- ◆ **1998** Shortlisted for Carnegie Medal for 'Pig-Heart Boy'
- ◆ **2000** Awarded BAFTA for Best Children's Drama: 'Pig-Heart Boy'
- ◆ **2001** Began writing 'Noughts & Crosses', the young adult novel series
- ◆ **2004** Received the Fantastic Fiction Award for 'Noughts & Crosses'
- ◆ **2005** Awarded Children's Book Circle's Eleanor Farjeon Award
- ◆ **2008** Invested with an OBE for services to children's literature
- ◆ **2013** Writer for the 'Doctor Who' series
- ◇ Awarded the role of Children's Laureate
- ◆ **2020** BBC TV Production of 'Noughts & Crosses'
- ◇ Writer of over seventy books, TV dramas, and stage scripts
-

#14



FLASHCARDS.

**Michael Ebenzer
Kwadjo Omari Owuo
Jr. aka Stormzy aka Big Mike**
Musician

-
- ◆ **1993** Born in London, with Ghanaian heritage
- ◇ Started rapping at the age of 11
- ◆ **2014** July: Independently released debut EP
- ◇ October: Won Best Grime Act of MOBOs
- ◇ October: Became the first unsigned rapper to appear on Later with Jools Holland
- ◆ **2015** Achieved first top 40 entry with single 'Shut Up'
- ◆ **2016** Performed at 2017 BRIT Awards with Ed Sheeran
- ◆ **2017** Released debut album that reached at No. 1 in the UK Album charts
- ◆ **2018** Nominated for an MTV Europe Music Award
- ◇ Wins BRIT Awards for British Album of the Year and British Male Solo Artist
- ◇ Announces 'The Stormzy Scholarship' - a financial support scheme for University of Cambridge students
- ◇ Establishes and curates a publishing company 'Merky Books' with Penguin Books
- ◆ **2019** First Black British Male solo headliner at Glastonbury Festival
- ◆ **2020** Wins BRIT Award for British Male Solo Artist
- ◇ Announced plans to give away £10m over a decade to help organisations that are dedicated to fighting racial inequality in the UK
-

#15



FLASHCARDS.

**Nicola
Adams**

Boxer

- ◆ **1982** Born 26 October in Leeds, Yorkshire
- ◆ **1994** Started boxing as a way to keep fit, aged 12
- ◆ **1995** Won first boxing match, aged 13
- ◆ **2001** First English female boxer to represent the country
- ◆ **2003 - 2006** Winner of Gold medal at the English Amateur National Championships
- ◆ **2007** First ever female boxer to win a medal at the Women's European Championships
- ◆ **2012** First ever Olympic Gold in female boxing, London
- ◇ Named by the Independent Newspaper as the most influential LGBT person in Britain
- ◆ **2013** Appointed MBE for services to boxing
- ◇ Granted an honorary degree - University of Leeds
- ◆ **2016** Top of the first DIVA Power List
- ◇ First ever British boxer to successfully defend an Olympic title for 92 years
- ◇ Awarded OBE for services to boxing
- ◇ Retired with an undefeated fighting record
- ◆ **2020** Part of Strictly Come Dancing's first ever same-sex couple
- ◇ First ever female boxer to hold Commonwealth, European, World and Olympic titles

#16



**THE
TALK.**

FLASHCARDS.

**Lord Sir Learie
Nicholas
Constantine**

Politician

-
- ◆ **1901** Born 21 September in Diego Martin, Trinidad - a grandchild of enslaved people
 - ◆ **1923** Became a first class cricketer for the West Indies Cricket Team
 - ◇ Member of the West Indies cricket touring teams in England in 1923 and 1928
 - ◆ **1928** Joined Nelson Cricket and Bowling Club in Lancaster
 - ◆ **1940** Awarded the Wisden Cricketer of the Year
 - ◆ **1942** Recruited by Ministry of Labour as WWII Caribbean Welfare Officer in Liverpool
 - ◆ **1944** First Black person successful in a court case against 'the colour bar'
 - ◆ **1954** Wrote 'Colour Bar' with CLR James (discrimination in Britain)
 - ◆ **1962** Appointed London's first High Commissioner for Trinidad and Tobago
 - ◆ **1963** Equality activist - at Bristol bus company dispute
 - ◆ **1964** Started legal practice aged 63 years
 - ◆ **1967** Appointed first Black rector of the University of St Andrews
 - ◆ **1968** Became the first Black Governor of the BBC
 - ◆ **1969** Granted a life peerage - first Black man in the House of Lords
 - ◆ **1971** Posthumously awarded Trinidad's The Trinity Cross

#17



FLASHCARDS.

Sislin Fay
Allen

Police Officer

-
- ◆ **1938** Born in St Catherine, Jamaica
- ◆ **1962** Migrated to UK to train and work as a NHS geriatric nurse
- ◆ **1968** Joined the Metropolitan Police as Britain's first Black policewoman
- ◇ Metropolitan Police received several threatening and abusive letters known as 'hate mail' relating to Sislin Fay Allen's employment as a Police Officer
- ◇ Started duty as a Police Officer at Croydon Police Station
- ◆ **1972** Left the Metropolitan Police after four years to return to Jamaica because of family commitments
- ◇ Received a 'Welcome Letter' from Jamaican Prime Minister, Michael Manley
- ◇ Continued policing career in the Jamaica Constabulary Force
- ◆ **2015** Returned to UK to live in South London in retirement
- ◇ Featured in a TV documentary 'Fair Cop: A Century of British Policewomen'
- ◆ **2020** Given a lifetime achievement award by several national police organisations
- ◇ Harris Academy, South Norwood named one of its school houses in honour of Sislin Fay Allen because of her bravery, determination, and perseverance: the Allen House core values
- ◆ **2021** Died in Ocho Rios, Jamaica, aged 83
-

#18



**THE
TALK.**

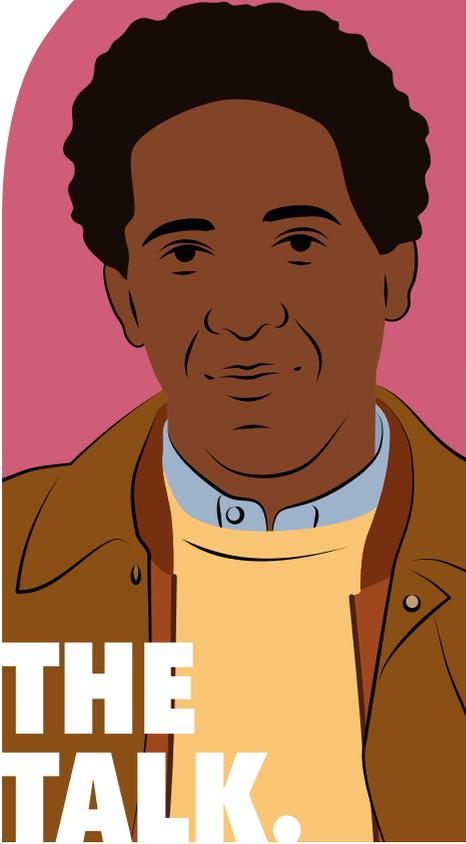
FLASHCARDS.

**Professor Dame
Elizabeth Nneka
Anionwu**

Nursing

-
- ◆ **1947** Born in Birmingham of Irish and Nigerian heritage
 - ◇ Parents met when they were both students at University of Cambridge
 - ◇ Spent 9 years in a children's home run by nuns
 - ◇ Became interested in nursing after a nurse treated her childhood eczema
 - ◆ **1965** Started nurse's training at Paddington General Hospital, London
 - ◆ **1979** Became the first sickle cell and thalassaemia nurse counsellor in the UK
 - ◆ **1990 - 1997** Employed as a lecturer at University College London
 - ◆ **1998** Became Professor of Nursing at University College London
 - ◆ **1999** Established and lead the Mary Seacole Centre for Nursing Practice
 - ◆ **2001** Received CBE for services to nursing
 - ◆ **2016** Published memoirs, 'Mixed Blessings'
 - ◇ Received the Chief Nursing Officers' UK Outstanding Lifetime Achievement Award
 - ◆ **2017** Awarded the DBE for services to nursing
 - ◆ **2018** Named one of the 70 most influential nurses and midwives in NHS history
 - ◆ **2019** Received Pride of Britain Lifetime Achievement Award

#19



**THE
TALK.**

FLASHCARDS.

**Dr Lemn
Sissay**

Poet

-
- ◆ **1967** Born in Manchester to unmarried Ethiopian parents
- ◇ Temporarily fostered by white parents in Wigan
- ◆ **1968** Mother Yemarshet Sissay not allowed by authorities to have her infant son back
- ◇ Wigan Children's Department preferred that he stay fostered
- ◇ Spent teenage years in care after fostering placements failed
- ◇ Left school at 15 with one GCSE and two CSEs
- ◇ Aged 17 discovered his birth certificate and birth name, and started writing poetry
- ◆ **1985** Self published first book 'Perceptions of The Pen'
- ◆ **1988** Debut poetry collection, 'Tender Fingers' published
- ◆ **1990** First stage play at Contact Theatre, 'The Suede Apple'
- ◆ **1994** First radio play on BBC Radio, 'Chaos by Design'
- ◆ **2006** Winner of Race in the Media Award (RIMA)
- ◆ **2010** Awarded MBE for services to literature
- ◆ **2012** Official London Olympics poet
- ◆ **2015** Appointed Chancellor at the University of Manchester
- ◆ **2019** Published memoir - 'My Name Is Why'
- ◆ **2015 - 2021** Awarded Honorary Doctorates from three universities
- ◆ **2021** Winner of the Indie Book Award for 'My Name Is Why'
- ◇ Awarded an OBE for services to literature
-

#20



**THE
TALK.**

FLASHCARDS.

Olive Morris

Activist

- ◆ **1952** Born 26 June in St Catherine, Jamaica
- ◆ **1961** Migrated to join her parents in London
- ◇ Discrimination and inequality led Olive Morris to become politically active and practise direct action
- ◆ **1969** Arrested, assaulted, and racially abused by police
- ◇ Hosted community groups in her Railton Road squat
- ◇ Part of a group that set up community bookshop - Sarbarr
- ◆ **1974** Set up the Brixton Black Women's Group
- ◆ **1976 - 1977** Keen traveller - visited Italy, Northern Ireland and China as part of a delegation of Marxist students
- ◆ **1977** Co-founded the Manchester Black Women's Co-op and the Manchester Women's Mutual Aid Group
- ◆ **1978** Worked in the Brixton Community Law Centre
- ◇ Became a member of the Black Panther Movement
- ◇ Founding member of the Organisation of Women of African and Asian Descent (OWAAD)
- ◇ Died aged 27, following a brief illness
- ◆ **1986** Lambeth Council London named a building in her honour
- ◆ **1992** Honoured and featured on local Brixton currency
- ◆ **2009** The Olive Morris memorial award launched to give bursaries to young Black women