

# Care

Photographs by  
Liam Jones



This work made as part of Heart of Glass's micro-commission on the theme of care. It hoped to explore what it means to care by photographing those around me, my colleagues, key workers. Whilst these people have been putting themselves on the front line protecting the elderly they have not been as celebrated as the doctors and nurses within the NHS. It is through these pictures that I hope to demonstrate the people who define what it means to care.

The home I work in has two separate units on one site, and these portraits are of staff from both units. One unit has been completely clear of Covid-19 whilst the other had three positive cases. As of writing we have cleared the site of Covid-19. This is through the determination and will of the people I photographed.

The process of making this work at first seemed like a simple one. These are people that I see most days of the week, and we joke that we see each other more than our families. Asking people to sit for a portrait, and finding the time to do so within a twelve hour shift when everyone is rushed off their feet, stressed, and anxious about the situation proved difficult though. It is because of this I began to go in on my days off, whilst people were having a break, and make quick pictures.

I asked each individual to give me a written statement about what care means to them with pressure of a pandemic on their shoulders. The problem with this is that carers struggle to think and put into words their actions. They just do it. They just care. It is an essential part of their being to put those vulnerable before themselves. Carers learn their resident's habits, mannerisms, routines, likes and dislikes, their needs, and they fully internalise these into their daily *modus operandi*.

So much so that when asked to they can not put it into words.  
I know this is what caring is. It is negating oneself for others.

I want to thank those that sat patiently, helped me to  
make this work, and continued to care.









## Preparation for COVID-19

To be completed as soon as possible and updated as required

It is important that care homes ensure they are fully prepared for the COVID-19 and all necessary actions have been taken in order to protect residents. Homes are advised to complete and work through this section now.

### Action Card 1 – Checklist of actions to prepare for COVID-19

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(Adapted from PHE London - North East and North Central London Health Protection Team. Acknowledgement: Vivien Cleary)

Date completed	Completed by	
Actions to prepare for cases of COVID-19		
Nominate a staff member to act as a COVID-19 coordinator for your home	✓	x
Care home COVID-19 coordinator is:		
Respiratory hygiene and infection control precautions		
1. Ensure infection prevention and control policies are up to date, read and followed by all staff		
2. Care home providers should follow social distancing measures for everyone in the care home, wherever possible, and the Shielding guidance for the extremely vulnerable group		
3. Care homes should implement daily monitoring of COVID-19 symptoms amongst residents and care home staff, as residents with COVID-19 may present with a new continuous cough and/or high temperature. Assess each resident twice daily for the development of a fever (≥37.8°C), cough or shortness of breath. Immediately report residents with fever or respiratory symptoms to NHS 111, as outlined in the section below.		
4. Reinforce education of staff about hand and respiratory hygiene. See attached respiratory hand hygiene poster – <b>Catch it, Bin it, Kill it</b>		
5. Ensure that adequate supplies of tissues, liquid soap and disposable paper towels are available in every resident's room and in bathrooms, toilets, laundry, kitchens, sluice, cleaners' rooms and utility areas. Ensure stock levels are adequately maintained		
6. Ensure that Personal Protective Equipment (PPE) is available, ie disposable gloves, aprons, fluid-repellent face masks and eye protection if body fluid spills / splashes expected		
7. Ensure appropriate linen management systems are in place as well as clinical waste disposal systems including foot operated bins		
8. Undertake a risk assessment and, if safe to do so, provide alcohol based handrubs for staff / visitor use, eg personal gels, point of care dispensers, dispensers in areas where there are no hand washing facilities. Maintain supplies		
9. Maintain adequate levels of colour coded cleaning materials in anticipation of increased cleaning (eg disposable cloths, detergent, disposable mop heads)		
10. Ensure that care home has appropriate isolation facilities: <ul style="list-style-type: none"><li>• Within residents own bedrooms with allocated en-suite toilet or commode</li><li>• Well ventilated cohort room with designated toilet facilities for circumstance when individuals are unable to be isolated in their own room (eg EMI)</li></ul>		
11. Information on the capacity tracker can be found in Annex I in <a href="https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/877797/covid-19-care-homes-guidance.pdf">https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/877797/covid-19-care-homes-guidance.pdf</a>		

















# PPE Inventory

Week Beginning: 4/5/20

PPE	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Face Masks				457			15
Gloves				5200			10
Aprons				13 rolls			28
Visors				60			
Goggles				84			37
Hand Sanitizer				37			

Week Beginning: 11/5/2020

PPE	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Face Masks							
Gloves							
Aprons							
Visors							
Goggles							
Hand Sanitizer							

Week Beginning: 11/5/2020 ordered today 17/1/20

PPE	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Face Masks		2	350	563		315	2
Gloves	3 boxes	42 boxes	39 boxes			30 boxes	41 boxes + 5
Aprons	2 rolls	14 rolls	14 rolls			14 rolls	19
Visors		37	37			49	49
Goggles		60	60			60	60
Hand Sanitizer		39	39			34	34

+ 300 masks

Week Beginning: 18/5/20

PPE	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Face Masks	260	3	300	550	550		
Gloves	24		22	18	32		
Aprons	13		13	13	49		
Visors	49		49	49	60		
Goggles	60		60	60	60		
Hand Sanitizer	34		51	46	87		







## Flightcare COVID19 disclaimer document

This document is to be used in the event of where a resident starts to receive end of life care and the family members wish to attend the home to visit their loved one.

No more than x2 Relatives are permitted at any time.

Only a senior staff member such as Home Manager, Deputy or Nurse in Charge can complete this document.

One of these forms MUST be completed for every visit prior to allowing the relative past the reception area:

Any visitors should leave the home via the nearest exit and not wander freely in the home. If they need to use a toilet, they must use the en suite facility to the room being visited. It will need to be cleaned once they have left the room. They must supply their own drinks and food if needed.

Resident Name:	
Resident Room Number:	
Is Resident COVID positive:	
Is Resident suspected COVID:	
Name of Home:	
Is the home in outbreak status:	
Relative name 1:	
Relative name 2:	
The COVID related risks have been explained and understood to both relatives:	
Both Relatives have had hand hygiene practices explained to them and this has been followed:	
Both relatives have been issued with correct PPE:	

I can confirm that all of the above has been explained to me, I am aware of the risks associated with my visit and I am willing to accept these risks. I have been shown appropriate hand hygiene and have followed this. I have been provided with appropriate PPE. Should I contract COVID 19 through visiting the home I accept that this is not the responsibility of Flightcare.

Relative 1 Print Name:	
Signature:	
Date:	

Relative 2 Print Name:	
Signature:	
Date:	

Staff Member Print Name:	
Signature:	
Date:	

















" care in my eyes is you are willing to put the needs of others first before your own. This means doing anything from holding their hand to being there voice. Its patients and time. Giving someone the best you can when they arnt their best anymore however big or small"

My meaning x

15:15